



BLACK AND GOLD TIMES

Comanche Elementary & Middle School

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Tobacco Free Day

Jonathan Gomez 5th

On Wednesday, March 24, we signed pledges to be tobacco free and put them a front of the trophy case. In the mornings you can see them while you wait for school to start. Right now there are 5th, 6th, 4th grade's pledges out there. Some of the 6th graders colored theirs as the Texas flag. If you did not make a pledge well, make one!

On that day the science teachers told us facts about tobacco. Did you now that when somebody smokes tobacco his or her heart rate, blood pressure, and respiration rate goes up in just a matter of seconds. Tobacco can also cause you to

Cheerleading Tryouts

Ali Cotten 5th

Oh My Gosh!! Cheerleading Tryouts were on Wednesday, March 24. Everybody was nervous. Well, not sure about everybody, but my sister and her friends were.

All of the grades sixth through eleventh were trying out for cheerleader. But I saw the high school, and they were good. I'm not sure how the junior high did, but I think they did well, too.

Do you want to know who made? Okay if you insist.

Junior High: Claire Ballard, Kailee Hansmire, Kaitlin Hickman,

have the following: lung cancer, laryngeal, esophageal cancers, oral cancers, emphysema, high blood pressures, heart attack, a stroke, or even death.

Also mercury can be found in tobacco. Mercury is the red stuff found in thermometers. Arsenic is poison. Arsenic is found in poison for rats. Carbon monoxide is also in tobacco and also is what comes out of a car's exhaust. The following are more stuff in tobacco: Naphthalene, Ammonia, Nitrous oxide, DDT, Butane, Stearic acid, Vinyl chloride, Cadmium, and Nitrobenzene. Most of this stuff is found in things like batteries, gasoline, or even in candle wax. So come on Comanche Middle School, never use tobacco!

Madeline Hufstutler, Rachel Ripley, Brooke Vestal, Brenna Warren, Caroline Wilkerson.

High School – Junior Varsity: Maria Bill, Kaycee Colcleasure, Kyli Cotten, Kaycie Drewes, Cinnamon Kiser, Claudia Sanchez, Hannah Tomlinson, Chandler Vaughn.

High School –Varsity: Haley Burluson, Bridget Cowan, Lacey Drewes, Mikayla Dukes, Ashley Feaster, Jade Gore, Jennifer Hernandez, Jamie Higginbotham, Brooke Stewart, Brooke Wilkerson. Those are all the cheerleaders in Comanche. HAVE FUN CHEERLEADERS!!!

6th Grade Field Trip

Hayden Taylor 6th

On March 29, the sixth grade went to Bass Hall in Fort Worth to see the Air Force Academy Band play in a concert. Bass Hall is a concert hall in Fort Worth. The Air Force Academy Band played a bunch of songs such as our National March Song, and our National Anthem. They drummed on trashcans.

The Air Force Band had five brass players: two trumpets, one French horn, one tuba, and one trombone. They also had a drummer.

At the end of the show they had a grand finale. The band puts mutes on the bells of their horn to make it sound like a guitar when they played. It was pretty loud, but it was very cool.

The Air Force Academy Band concert was AWESOME! Everybody enjoyed them playing. Whenever the band comes back, we all hope to see them again.

TAKS Advice

Grayland Jackson 5th

Here's some TAKS advice that might help you. The very first thing to think is be confident! It's always great to get a good sleep. The standard TAKS bedtime is 8:30-9:00.

A healthy breakfast in the morning will help you pay attention, stay awake, and help your grades go up. Some things you should ask parents to make are eggs, bacon or sausage, milk or orange juice, and if they're willing, pancakes or waffles. If your parents can't make you breakfast, then school here in Comanche will give you a free breakfast. A good healthy lunch is also important. Don't forget that. Snacks help increase your energy. I've always been asked to bring healthy snacks such as pretzels. My teachers have always given us peppermints to

stay focused because of the smell.

Take breaks! During each test you should either rest or rest your eyes, unless your teacher has other suggestions. Resting will keep you focused and your brain on track. Wear something comfortable!!! You need to be comfortable. You should wear some comfortable shorts (in case it gets hot), a t-shirt, and bring a coat or sweatshirt in case you get too cold.

Mrs. Spear experimented with her class when she gave a practice TAKS. Once they had boosted their energy from playing outside and eating, she had all her students turn in the practice TAKS once they were done. She comments, "They also took hourly water breaks and walked around to rehydrate their brains. Rehydrating our brains really paid off on their scores."



Historical Figures

Payton Nance 6th

In Mrs. Quast social studies class we learned about historical figures like Napoleon, Michelangelo, Ivan the Terrible, Romulus, Caesar, Augustus and lots of other people. Mrs. Quast flipped the names over and we drew. Whoever's name we drew was the person we studied. We went to the computer lab and studied and wrote down facts about our person. We had to at least get 20 facts. After we got our facts, we got a huge sheet of paper and someone

traced us. After we were traced, we cut our person out and wrote our facts about our person on the person. Next, we hung our people on the walls through sixth grade hallway. After that, we told the people in our class about our person and wrote the most important facts we should remember about each person down and studied it. Finally, we took a test over the people and had to write what was so special about them.



Earth Day

Kassandra Ibarra 5th

Earth day is coming up Thursday, April 22. The science classes kicked off the recycling project Monday, April 5. Kids and teachers are bringing paper to recycle. The paper products will be taken to a recycling plant in Arlington where we'll get paid for the paper. The money will go toward planting trees around our campus. Teachers and Kids may bring plastic, which will be taken to Brookshire's. Finally, cans will go to Earth Iron and Metal.

We had an Earth Day t-shirt contest in grades 4, 5, and 6. We all designed t-shirts for the contest. The kids in these grades voted and the winners in each grade were voted on by the faculty. The winner of the Earth Day t-shirt design contest was Jose Ibarra. They printed and made t-shirts for the ones who paid for it. Everyone is supposed to be wearing it on Earth Day.